



**Presidio Hill
School**
Since 1918

Health Information Update from PHS

Dear PHS Families,

The health and safety of your children are always our highest priorities. For this reason, we are emailing about health and safety reminders during our peak cold and flu season. You may have heard about the recent coronavirus outbreak in Asia and that there have been cases of the outbreak in California. Currently, two coronavirus cases have been confirmed in Southern California and no cases have been confirmed in San Francisco to our knowledge. Health officials are still saying that, as of now, the biggest risk factor is time spent specifically in Wuhan, China. In the same family as the flu, the preventative measures for coronavirus are similar to what you may expect for the flu:

- Wash your hands often with soap and water for at least 20 seconds. This is the strongest recommendation they have.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick. This means if you have a fever that is 100 degrees or greater. Once the fever has cleared, you need to wait 24 hours before returning to school.
- Cough or sneeze into elbow or . . .
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and follow up with hand-washing.
- Clean and disinfect frequently touched objects and surfaces.

We are monitoring the Centers for Disease Control [CDC](#) website and the website for the [San Francisco Department of Public Health](#) for the most up-to-date information about the Coronavirus and are taking precautions at PHS to make sure that our students remain healthy, including working with our cleaning services company to ensure additional sanitizing of campus spaces as a continued preventative measure. We will be visiting these sites each morning, similar to how we utilized government information sites for air quality notifications.

We will continue to monitor the situation and if a case of coronavirus is reported in San Francisco county we will update you within 24 hours of our next steps. Please review the “stay healthy during cold and flu season” recommendations above with your children. Please do not send students to school if they are exhibiting signs of illness such as a fever and a cough.

If you have recently traveled from Wuhan, China and you have symptoms of illness (fever, cough) or have had close contact* with someone who has recently traveled from China and has exhibited

symptoms or has confirmed illness, please inform us, consider wearing a mask, and consult with your primary care physician before returning to school. *Close contact is defined as being within 6 feet of an infected person (confirmed case) for ten minutes or more.

Please feel free to reach out anytime with questions or feedback,
Lisa

[Coronavirus Facts](#)